

# ODM Acro Seminar & Workshop

Kathi's Dance and Gym Center

10825 Springfield Rd. Poland, OH. 44514 / 330-518-7010/ 330-549-2522

## Acro Seminar and Workshop

Come join us for a fabulous educational weekend offering a DMA acro syllabus review for all participants, a four hour acro seminar with Trish Thompson Creamer and four Sunday workshop classes.

Acro seminar is for our members and their assistants (16 and over).

You may bring one demonstrator per teacher free of charge.

We welcome non-members to participate with us.

**\*\*Please pre-register for a lunch count by Sept. 22nd. \*\***

### WORKSHOP FEES:

**Sat. Syllabus Review** - Free

**Sat. Acro Seminar:**

- \$50 Members
- \$55 Member Assistants
- \$60 Non-Members

**Sun. Workshop/Luncheon:**

- \$30 Members
- \$35 Member Assistants
- \$40 Non-Members

**Saturday & Sunday:**

- \$75 Members
- \$85 Member Assistants
- \$95 Non-Member

### HOTELS:

**Holiday Inn ~ 877-859-5095**

7410 South Ave.  
Boardman, OH 44512

**Residence Inn ~ 844-631-0595**

7396 Tiffany South  
Poland, OH 44514

**Best Western ~ 855-740-0317**

7400 Tiffany South  
Poland, OH 44514

**Fairfield Inn ~ 866-925-4143**

7397 Tiffany South  
Poland, OH 44514

### FUTURE DATES:

*November 17-19, 2017 Dayton, OH  
Miss/Mr. Dance, PAC*

*February 2-4, 2018 Newark, OH  
Young Titles ~ Petite, Junior, Teen*

*March 23-25, 2018 Cleveland, OH  
PAC/Scholarship Auditions*



## SCHEDULE

### Saturday Sept. 30th:

1:00-2:00 Acro Syllabus Review

Open to all attendees

2:00-3:00 Prevention/Treatment

Dr. Angel Ricciulli

3:00-7:00 Acro Seminar

Trish Thompson-Creamer

- Stretch Class
- Progressions
- Spotting

### Dinner 7:00PM

Honoring 25 Year Members

### Board Meeting 8:00PM

### Sunday Oct. 1<sup>st</sup>:

9:00-11:00 Grand Body Meeting

11:00-12:00 Ballet, Mary Vadala

12:00-1:00 Jazz

Valerie Saija-Moore

1:00-2:00 Lunch

2:00 – 3:00 Contemporary

Valerie Saija-Moore

3:00 – 4:00 Tap, Eri Raib Pitchkin

## Faculty:

**Trish Thompson-Creamer:** Trish started her career in competitive artistic Gymnastics. She became a coach and judge for the Ontario Gymnastics Federation. During this time she explored the world of dance and soon became a nationally renowned teacher, choreographer and adjudicator. She is currently a member of the Acrobatic Arts Faculty where she is involved in the discussion of the syllabus, running modules, and teaching acrobatic workshops across North America.



**Dr. Angel Ricciulli:** She is a Dr. of Chiropractic with 15 years experience specializing in pediatrics and sports injuries. She was a NCAA National Gymnast with W. VA. University and concluded her athletic career as a member of YSU diving team. She will lecture on "Prevention, treatment and physiology behind spinal injuries in gymnasts and dancers."

**Mary Vadala:** She began her dance training under the direction of Ken and Jean Phifer. Mary studied with the Pitts. Ballet Theatre, the Pitts. Youth Ballet and the PA Governor's School for the Arts. In 1991, Mary held the title of Miss Dance of PA. She has completed her Cecchetti Teacher's Intermediate teacher's exam. She is a graduate of Butler University with a degree in Dance/Pedagogy Concentration.

**Eri Raib:** Eri has spent the last 14 years as a premier tap teacher in the Ygs. area. She has studied intensely under many prestigious tap instructors including Lady Diane Walker, Gregg Russell, Jason Samuel Smith, Mike Minery and Brenda Buffalino. In 2006 and 2008 Eri was an intern in the American TapDance Foundation in NYC for the New York City Tap Festival. She holds a Bachelor of Arts in Exercise Science.

**Valerie Saija -Moore:** Valerie is an accomplished dancer holding 8 Canadian Regional titles including Miss Dance of America 2008. She has completed her Vaganova Ballet Intermediate Exam and her RAD Advanced Foundation Exam. Valerie has attained both a Bachelor of Physical Ed. Honors degree and a Bachelor of Ed. Degree in Physical Education and Mathematics.

**REGISTRATION FORM: Mail To: Noreen Rhode, 1543 Laclede Rd. South Euclid, OH 44121**

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

**Saturday Acro Seminar:**

Members \_\_\_\_\_ @ \$50 \_\_\_\_\_  
 Member Asst \_\_\_\_\_ @ \$55 \_\_\_\_\_  
 Non-Members \_\_\_\_\_ @ \$60 \_\_\_\_\_

**Sunday Workshop:**

Members \_\_\_\_\_ @ \$30 \_\_\_\_\_  
 Member Asst. \_\_\_\_\_ @ \$35 \_\_\_\_\_  
 Non-Members \_\_\_\_\_ @ \$40 \_\_\_\_\_

**Saturday and Sunday Combined:**

Members \_\_\_\_\_ @ \$75 \_\_\_\_\_  
 Member Asst. \_\_\_\_\_ @ \$85 \_\_\_\_\_  
 Non-Members \_\_\_\_\_ @ \$95 \_\_\_\_\_

**STUDENT REGISTRATION:**

3 Hour Acro Workshop \_\_\_\_\_ @ \$30 \_\_\_\_\_  
 Full Day Workshop \_\_\_\_\_ @ \$50 \_\_\_\_\_

**LUNCH:** \_\_\_\_\_ @ \$10 \_\_\_\_\_  
**\*Jr. Member Disc.** \_\_\_\_\_ @ \$10 \_\_\_\_\_

**TOTAL:** \_\_\_\_\_

**\*Deadline for Lunch Count ~ Sept. 22nd**

# Junior Members & Acro Student Workshop

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**Acro Workshop:** A three hour workshop for two levels of acrobatic. Level I ~ front and back walkovers. Level II ~ back handsprings and side aerials. A two hour class per level and an hour stretch, flexibility and conditioning. **No age requirement.**

**Dance Workshop:** This workshop is offered to our members, member assistants and students **no younger than 13** with permission by their teacher.

**\*\*You may choose the dance or acro workshop or mix the two according to your abilities if 13 or older.**

**Junior Members:** Come join us for a day of dance and/or acrobatics. You may take the Sunday dance classes and/or participate in the Sunday acro workshop and Junior Member class. Junior membership dues are \$30.00 with a \$10.00 discount on all workshops. Application on website dma-chap16.com. Join now!!

## WORKSHOP FEES:

### Acro Workshop:

\$30 for 3-hour workshop

### Dance Workshop:

\$50 Full Day of dance

### Acro / Dance Workshop:

\$50 Full Day of dance  
and/or gym

## FUTURE DATES

November 17-19, 2017 Dayton, OH  
Miss/Mr. Dance, PAC

February 2-4, 2018 Newark, OH  
Young Titles ~ Petite, Junior, Teen

March 23-25, 2018 Cleveland, OH  
PAC/Scholarship Auditions

## SCHEDULE Sunday Oct. 1<sup>st</sup>

### DANCE WORKSHOP:

9:00-10:00 Junior Member Class

10:00-11:00 Stretch & Conditioning

11:00-12:00 Ballet – Mary Vadela

12:00-1:00 Jazz – Valerie Saija-Moore

1:00-2:00 Lunch

2:00-3:00 Contemporary –Valerie Saija- Moore

3:00-4:00 Tap – Eri Raib

### ACRO WORKSHOP: Trish Thompson-Creamer

10:00-11:00 Stretch & Conditioning

11:00-1:00 Level I

1:00-2:00 Lunch

2:00-4:00 Level II