



***“We all have different gifts, so we all have different ways of telling the world who we are.” ~Mister Roger’s~***

Ms. Kristen Messner has been teaching dance for 41 years and is celebrating her 29th season as owner and artistic director of All About Dance by Kristen! Kristen is a member of Dance Masters of America and Dance Masters of Ohio and holds certification in acrobatics, tap, ballet and jazz as recognized through Dance Masters of America.

Kristen is a member of the Cecchetti Council of America and is certified Intermediate Professional VI level, within the Cecchetti Ballet system. For the past decade, Ms. Kristen has served as the acting Vice-Chairperson of the Cecchetti Council of Ohio.

Ms Kristen is also certified in acrobatics through Acrobatic Arts, an organization dedicated to teaching the highest of standards in skills and safety through graded levels of acrobatic technique.

Ms. Kristen loves teaching all aspects of dance and performance as it translates into life and the future of her students. She believes in showing all her dancer’s how exciting hard-work, tenacity and a sense of accomplishment really can be and how these qualities will take them wherever they wish to go in life! Forty-one years of dance classes, attending seminars, workshops and countless weeks spent at conventions dedicated to teaching dance education are incorporated into her daily lesson plans. One of the most gratifying things for Miss Kristen is having been around long enough to also share her love of dance with many children of her original dance students!

All About Dance has been named Best in Stow/Akron throughout the years! In 2018, Kristen was named Business Person of the Year by the Stow Munroe Falls Chamber of Commerce. And after three different studio locations, a devastating flood in 2003, a worldwide pandemic in 2020, AADbK will be celebrating a whopping 30 years in business next year.

Ms. Kristen is an alumna of Kent State University where she earned a bachelor’s degree with honors in Behavioral Sciences. She resides in Kent, Ohio and while away from the studio she loves workout classes, hot yoga, cooking (and eating!), traveling, shopping, decorating and being the first mate of Dancing Daze. But Kristen’s first love is sharing her time at Cottage Cove with Tony, Ollie Pop and Maxwell Lewis Messner.

1. **“It’s not so much what we have in this life that matters. It’s what we do with what we have.”**
2. **“I’m proud of you for the times you came in second, or third, or fourth, but what you did was the best you had ever done.”**

“Teaching Kids to Count is Fine, But Teaching Them What Counts is Best” Bob Talbert

1. ***If a child can’t learn the way we teach, maybe we should teach the way they learn.” ~Ignacio Estrada~***